

RAJIV GANDHI ARTS AND SCIENCE COLLEGE

(A GOVERNMENT OF PUDUCHERRY INSTITUTION)

PONDICHERRY SOCIETY FOR HIGHER EDUCATION (PONSHE)

THAVALAKUPPAM, PUDUCHERRY-605007.

Web: www.rgasc.edu.in Email: officergasc@gmail.com Phone: 0413-2618180

DEPARTMENT OF PHYSICAL EDUCATION & SPORTS

Report of Intramural Annual Sports Meet 2022-23.

Physical Education is an integral part of the total education system. It helps in the attainment of the ultimate aim of education i.e. the achievement of holistic development. Games and sports play a vital role in the student's life. A student should study hard to be successful in competitive examinations. But, he should also play games and sports to enjoy the health and vigour of life. Along with bookish learning, a student should spend his time on games and sports also. Either study or work alone makes us exhaust. We remain no longer efficient to do any work. Sports remove our mental exhaustion. Education without sports is incomplete. The Department of Physical Education and Sports marks itself as one amongst the most efficacious. It strives to excel at all levels and bring laurels to the college. With the help of college faculty we are continuously improving in sports field.

Considering the concept of “**Sports for All**” throughout the entire session we organized Inter-department tournaments for students as well as some sports activities. It is one of the largest co-curricular activity programs that offer an extensive opportunity to all the students. This venture shall enable the students to have fun, learn new sports, enhance social interaction and tests one's physical capability. These competition also offer a break from the daily routine tasks and recreate or re-energetic them.

The academic year 2022-23 was seen bustling with a number of sports events and other activities. The following events have been organized for the intramural annual sports meet for the students.

- Badminton (Women)
- Carrom (Men & Women)
- Chess ((Men & Women)
- Cricket (Men)
- Volleyball (Men)

I extend our gratitude to principal, staff, and non - teaching staff for their support and service for the successful conduct the Intramural Annual Sports Meet.

Thank you

Director of Physical Education

Principal

INTRAMURAL BADMINTON TOURNAMENT 2022 – 23

Venue: College Campus Indoor Stadium on 04.05.2023





INTRAMURAL CHESS COMPETITION 2022 – 23

Venue: College Campus Indoor Stadium on 04.05.2023





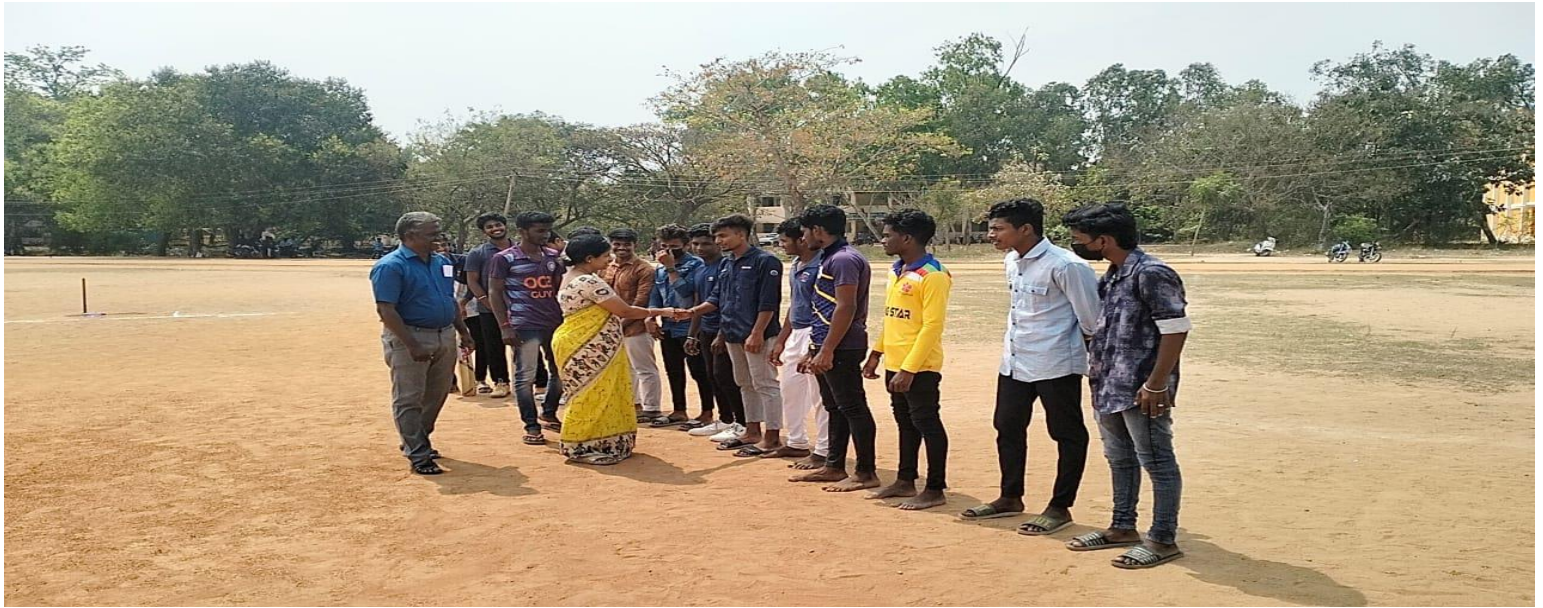
INTRAMURAL CARROM COMPETITION 2022 – 23

Venue: College Campus on 05.05.2023



INTRAMURAL CRICKET TOURNAMENT 2022 -23

Venue: College Ground on 10.03.2023 & 16.03.2023



INTRAMURAL VOLLEYBALL TOURNAMENT 2022 – 23

Venue: College Ground on 24.03.2023



